



• Body Material Physical Flesh Matter

Man is a physical being - made up of a variety of elements that exist in our physical world; the same elements that make up everything else that we can see and touch. This is a testable and proven fact. Man is a highly complex arrangement of these elements in the form of a multitude of molecules, chemicals, proteins, and DNA. The body was the first part of man that was created from the dust of the Earth as recorded in Genesis. It was, however, incomplete until God breathed life into the body giving man spirit and consciousness. Because of man's sin, all must die and be separated from their bodies. However, God is compassionate and showed mercy on us because of His love for us. He sent His Son Jesus as a sacrifice so we could be made whole again. So we know that it is His will that we be reunited with not just our bodies after death but with Him.

• Mind Psychological Soul Psyche Consciousness

Man is also a conscious being - able to perceive things abstractly in his mind, beyond what he knows or has seen in the physical world around him. There is no proof in assuming that the "mind" is a function of matter and only a process within the brain. Both the physical brain and the Psychological mind can interact without having to be identical. Man is no more just a brain than he is a kidney or a fingernail and the idea that man or self or mind is nothing without the brain is actually a reductionist fallacy. In fact, the act of man "knowing" that he is nothing more or something more than a brain in and of itself, signifies that he is more than a brain. The mind is a part of man, and man is a part of the mind. So we know the mind is attached to the body but is more than just matter and exists beyond the material. It connects the body to the spirit.

• Spirit Immaterial Metaphysical Essence Life

Man is a spiritual being - the innermost part of man is the spirit. A lot like the Holy Trinity; he is made up of three distinct parts but each by themselves is not man. Man's spirit is always a part of him, but once he accepts Christ as the Lord of his life, it transforms his spirit and allows him access to God's power by the continuous renewing of his mind. The spirit is the part that is truly the eternal essence of man and exists beyond death. It has been said that plants are just physical things, animals are both body and soul (although clearly somewhat different than man), while man is body, soul, and spirit. The Bible, however, is not clear if animals have an eternal existence or not, perhaps as spirit instead of soul or maybe even both. It is clear that man has an eternal element to him and that is in the form of spirit and soul. These are often categorized as being the same thing, if not eternally linked together.